

**DEPT. OF KAYA-CHIKITSA & PANCHKARMA
DAYANAND AYURVEDIC COLLEGE & HOSPITAL
JALANDHAR**

PANCHKARMA CASE RECORD

Sr. No..... OPD/IPD No..... Bed No..... D.O.A..... D.O.D.....
 Patient's Name.....Age/Sex Father/Husband's Name.....
 Education.....Marital Status..... Socio-Economic Status/Occupation.....
 Address.....

Panchkarma Indication (Tick 4/x)

Health Maintenance Rejuvenation Curative Therapy
 Diagnosis.....

NASYA KARMA

Nasya Type..... Nasya Yoga..... Nasya Kram.....

I. PURVA KARMA (PRELIMINARY PROCEDURE)

Examination Of Patient B.P.mm/Hg Pulse...../m Temp.° F. Respi./m Anaemia.....
 Dosha Estimation..... Dushya Estimation..... Atur Bal..... Vyadhi Bal.....
Apparatus/Materials

Diet before Nasya.....

Dhumpan Before Nasya

Dhumpan Yoga	Time	Observation

Abhyang & Swedan

<u>Abhyang Type</u>	Date & Duration	Observation	<u>Swedan Type</u>	Date & Duration	Observation

Selection Of Nasya Yoga **Dosage**

II. PRADHAN KARMA (MAIN PROCEDURE)

Administration of Nasya Medicine

<u>Procedure</u>

Features of Samyak/Asamyak /Atiyoga.....

Complication (if any)..... Line of Treatment.....

Rx a)..... b)..... c)..... d).....

III. PASCHAT KARMA (POST PROCEDURE)

Rest & Mardan.....

Dhumrapana after Nasya Yoga..... Duration..... Results.....

Kaval/Gandush Administration

Kaval/Gandush Yoga	Time	Observation

Diet after Nasya

Parihar.....

(Student)

(Teacher I/C)

(Panchkarma Dept. I/C)

(H.O.D. Kaya Chikitsa)