

**DEPT. OF KAYA-CHIKITSA & PANCHKARMA  
DAYANAND AYURVEDIC COLLEGE & HOSPITAL  
JALANDHAR**

**PANCHKARMA CASE RECORD**

Sr. No..... OPD/IPD No..... Bed No..... D.O.A..... D.O.D.....  
 Patient's Name.....Age/Sex. Father/Husband's Name.....  
 Education.....Marital Status..... Socio-Economic Status/Occupation.....  
 Address.....

**Panchkarma Indication** Tick (4/6)

Health Maintenance  Rejuvenation  Curative Therapy

Diagnosis.....

**VASTI KARMA**

Vasti Type..... Vasti Name..... Vasti Kram.....

**I. PURVA KARMA (PRELIMINARY PROCEDURE)**

Examination Of Patient B.P. ....mm/Hg Pulse...../m Temp.....° F. Respi...../m Anaemia.....  
 Dosha Estimation..... Dushya Estimation..... Atur Bal..... Vyadhi Bal.....

Apparatus/Materials.....

Abhyang

SNEH FOR ABHYANG	DATE & DURATION	OBSERVATION

Swedan

TYPE	DATE & DURATION	OBSERVATION
1.		
2.		

Vasti Yoga

TEXT BOOK	CHAPTER	SUTRA/PAGE NO.	ROGADHIKAR	
.....	.....	.....	.....	
S.No.	Drugs	Part Used	Quantity	Unit

<p><b><u>Method of Preparation</u></b></p>          <p><b><u>Dosage</u></b></p>
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**II. PRADHAN KARMA (MAIN PROCEDURE )**

*Vasti Administration*

<p><b><u>Time of Vasti administration</u></b></p> <p><b><u>Procedure</u></b></p>          <p><b><u>Retention Period</u></b></p>
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*Features of Sanyak/Asanyak/Akiyoga*

*Complication* (if any)..... *Line of Treatment*.....  
Rx a)..... b)..... c)..... d).....

**III. PASHCHAT KARMA (POST PROCEDURE)**

*Diet*.....  
*Planning for next Vasti/Procedure*.....  
*Parihar* .....

(Student)

(Teacher I/C)

(Panchkarma Dept. I/C)

(H.O.D. Kaya Chikitsa)