

**DEPT. OF KAYA-CHIKITSA & PANCHKARMA  
DAYANAND AYURVEDIC COLLEGE & HOSPITAL  
JALANDHAR**

**PANCHKARMA CASE RECORD**

Sr. No..... OPD/IPD No..... Bed No..... D.O.A..... D.O.D.....  
 Patient's Name.....Age/Sex ..... Father/Husband's Name.....  
 Education.....Marital Status..... Socio-Economic Status/Occupation.....  
 Address.....

**Panchkarma Indication** Tick ✓/✗

Health Maintenance  Rejuvenation  Curative Therapy   
 Diagnosis.....

**VIRECHAN KARMA**

**I. PURVA KARMA (PRELIMINARY PROCEDURE)**

Examination Of Patient B.P. ....mm/Hg Pulse...../m Temp. ....° F. Respi. ..../m Anaemia.....

Dosha Estimation..... Dushya Estimation..... Atur Bal..... Vyadhi Bal.....

Apparatus/Materials .....

**Snehan (Internal)**

Name of Sneha with Anupan .....	1 <sup>st</sup> Day	2 <sup>nd</sup> Day	3 <sup>rd</sup> Day	4 <sup>th</sup> Day	5 <sup>th</sup> Day	6 <sup>th</sup> Day	7 <sup>th</sup> Day
Date							
Quantity							
Observation							

**Abhyang&Swedan**

Abhyang Type	Swedan Type	Date & Duration	Observation
		1. 2.	

**Diet** 1. One Day before Virechan..... 2. On Virechan Day Morning.....

**Selection Of Virechan Yoga** ..... **Dosage** .....

